

Midsouth Women's Virtual Herbal Conference

2022 Workshop Schedule

Subject to changes | Updated 10/18/22

Thursday, November 10, 2022

**Eastern Time*

7:00pm-9:00pm	Prayers to the Plants: A Southerner's Take on Plant Spirit Medicine <i>Presenter: Elizabeth Guthrie</i> *Intensive Purchase Required to Attend; Access link will be emailed
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Friday, November 11, 2022

**Eastern Time*

7:00pm-9:00pm	Opening Keynote: Women of Southern Folk Medicine: Herb Docs, Granny Healers, and Midwives <i>Presenter: Phyllis D. Light</i>
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Saturday, November 12, 2022

**Eastern Time*

Time	Workshop A	Workshop B
9:30am-11:00am	Herbal Edge Dwellers and Outlaws <i>with Leah Larabell</i>	Granny's Tonics: Ms. Emma Dupree's Traditional Tonics for the 21st Century <i>with Yolanda Hatch</i>
11:15am-12:45pm	Southeastern Clay Medicine <i>with Leslie Williams</i>	Bless Your Heart: Herbs for Emotional Healing <i>with Ruth Shelton</i>
1:00pm-1:30pm	Lunch Break & Virtual Marketplace: Vendors, Specials, and More	
1:30pm-2:30pm	Spiderwebs and Tobacco Spit: Superstitions and Folk Remedies Storytelling	
2:45pm-4:15pm	Herbs for Resiliency in Times of Change <i>with Joan Cowden</i>	In Our Roots: Legacy, Tradition, and Practices of 'seng Diggers and Root Healers <i>with Joanne Bauman</i>
4:30pm-6:00pm	Native American Grandmother Medicine <i>with Lisa Bedner</i>	The Southern Medicinal Food Forest <i>with Joanna Mann</i>
6:15pm-7:45pm	The Contributions of African-American Herbalists and Midwives to Southern Folk Medicine <i>with Earcine Evans</i>	
8:00pm-9:15pm	Closing Finale: WE are the Women of Southern Folk Medicine <i>with Phyllis D. Light & Michelle Rigling</i> + 2023 Announcements	